A healthy lunch

Pesto pasta



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Ingredients (e.g. serves 2)

- Green pesto
 - Handful fresh basil leaves
 - 1 garlic clove
 - 30 g pine nuts
 - \circ 5 tbsp olive oil
 - Salt and pepper
 - 40 g Parmesan cheese (optional)
 - 200 g whole-grain pasta (or courgetti as a low-carb alternative)
- Cherry tomatoes and/or olives

Method

Use a mixer to blend the green pesto ingredients. There will definitely be enough for two servings! Boil the pasta (or stir fry the courgetti). Thoroughly stir the pesto into the pasta and garnish with halved cherry tomatoes and/or olives. Enjoy!